

New Year's Resolutions

Celebrating a New Year is a great opportunity to set some personal professional goals.

Start by reflecting on your practise over the last 12 months, what went well:

- Did you achieve anything specific? E.g. Developing an area or project, gaining a qualification or a promotion etc.
- Was there any new learning that you put into practise and have seen a positive impact on the children and families you work with?
- How have you developed your confidence in your role?



Next, think about what areas you could improve. This may be in relation to working with the children, parents, staff or increasing your understanding and knowledge in a particular area.

Now set yourself some personal professional goals:

- Write these down, a good place to keep them is in a personal development log/reflective learning diary.
- Talk to your colleagues about your own goals and encourage them to do the same, you might like to discuss this in your first staff meeting of the year.
- Share your goals with your management and most importantly of all put into action what you have resolved to do!